

**REGION III
ADULT EDUCATION
35 WEST BROADWAY
LINCOLN, ME 04457**

**FALL
SEMESTER
2021**

**FREE
BROCHURE**

Northern Penobscot Tech Region III also has outstanding Career and technical programs for all **high school Juniors and Seniors, and post graduates in our Region!** Planning to attend college? Region III is for you. Earn college credits, obtain certifications and licenses that will provide you with the knowledge and skills to gain meaningful employment. Check out what we offer below.

See your guidance counselor or call ours: Butch Arthers, 794-3004 Ext. 216.

Also check out our website: www.region3.mainecte.org

- **Automotive Technology**
- **Business Management**
- **CTE Exploratory for 10th & 11th Grade** (coming 2022-23)
 - **Construction Technology/Cabinetmaking**
 - **Culinary Arts**
 - **EMT** (Emergency Medical Technician)
 - **Health Science Careers**
CNA, RMA, MAS
(Certified Nursing Assistant, Registered Medical Assistant, Medical Administrative Specialist)
 - **Law Enforcement**
- **Web Design / Digital Communication**
 - **Welding Technology**



35 WEST BROADWAY, LINCOLN, ME 04457 PHONE 794-3004 X 211 FAX 794-8049, EMAIL PMURRAY@MSLN.NET

Professional and Workforce Development—Personal Enrichment—Recreation Safety Courses

To register please call 794-3004 x 211 or email pmurray@msln.net

Adult Education class fees are due and payable on or before the class starting date. Refunds are available until the end of the second class. Refunds will be given if the course is cancelled/not offered. Students who have registered, paid the course fee, and then opt to drop the course after the end of the second class, will not be refunded. Students dismissed from a course following notice and a meeting to address the reason will not be due a refund.

Students wishing to attend EMCC classes held at Region III must register with KRHEC at 1-800-498-8200

Due to COVID-19 precautions, Temperatures will be taken, masks and hand sanitizing will be required upon entering the building.

We respectfully ask that if you are feeling ill, you stay home to help keep everyone healthy.

Class sizes may be limited to allow safe distancing. Register early to help ensure the class is offered and you are enrolled in it.

Check out our Website and Facebook Page

www.region3.maine.cte.org / www.facebook.com/regionIII

TO REGISTER OR FOR MORE INFORMATION CALL OR EMAIL

P.S.S. (Personal Support Specialist) NEW!!

Instr: Kimberly Paradis

Date: Tues. and 2 Saturdays (TBD) , 12-14 wks. , 9/14-11/23, 4-7:30 p.m.

Fee: \$400

Personal Support Specialists are unlicensed assistive personnel employed to provide hands-on assistance with daily living for older adults and people with disabilities, in facilities and in their own homes. Training and certification are under the guidance of the Department of Health and Human Services. Successful completion of this course satisfies the Department’s training requirements for direct care workers for Assisted Living facilities, Adult Day Care Programs, and In-home Care programs . This training requires 40 classroom hours and 10 hours of face-to-face in a clinical environment.

ServSafe Sanitation

Instr: Chef Ammerman

Date: TBD, 4 wks., Time: 3-5:30 p.m.

Fee: \$175.00 (Includes testing and textbooks)

Do you work at a restaurant, diner, convenience store, or school nutrition program in food service? Did you know that the State of Maine requires all food establishments to have at least one full-time Certified Food Protection Manager on staff? Perhaps you volunteer at your organization’s “Bean Suppers” and are concerned about proper food handling and safety. This 4-week ServSafe course provides that knowledge and a recognized certification.

Call now to register, class will be scheduled as demand warrants

***** It is the policy of Northern Penobscot Tech Region III to ensure equal employment / educational opportunities, affirmative action regardless of race, sex, color, national origin, marital status, sexual orientation, religion, age or disability in accordance with all federal and state legislation relevant to discrimination. ADA Notice: If you have special needs that must be met to allow you to fully participate in any courses, please call the office of the Director at 794-3004.

Basic Graphic Design

Welding

Heartsaver CPR/First Aid

Basic Life Support for Healthcare Providers

Pyrography (wood burning)

Personal Support Specialist (PSS)

ServSafe Sanitation

Artisan Bread

Driving Dynamics

Adult Career Guidance

Quilting with Pre-cuts

Refuse to be a Victim

The Traveling Paintbrushes

MONDAY

WELDING

Instr: Scott Cornell
Date: Monday & Wednesdays,
8 wks., 9/27-11/22, 5-8 p.m.
Fee: \$450

No prior welding experience is necessary for the 8-week, 2-nights per week SMAW course. This course is designed to allow students to progress at their own pace (self-paced). Students may choose to continue beyond learning the basics to prepare for AWS certification (priced separately). These welding career courses can help prepare you to enter the workforce as a structural welder. Students who have taken this course within the past 2 years will receive a \$50 reduction in class fee and are not required to repeat the full safety portion of the class. Students who choose to prepare for the AWS certification testing will receive a \$50 discount toward the test fee. Leather Safety-Toed Boots are required.

The Traveling Paintbrushes

Instr: Debby Delano
Date: 10/4, 11/29 5-8pm
Fee: \$40.00 per Session (All materials included. Registration prior to class is required)
If you have always wanted to paint on canvas, come join us at our painting classes. Everyone goes home with a masterpiece. Have a fun evening of creating your masterpiece. Join for one night or come both. Planned paintings will be posted on our Facebook page and website

TUESDAY

Refuse to be a Victim

Instr: Tim Peters
Date: 10/19 & 10/26, 5:30-8:00 pm
Fee: \$25
The single most important step toward ensuring your own safety is having a personal safety strategy in place before you need it. The National Rifle Association's "Refuse To Be A Victim" teaches methods to avoid dangerous situations and prevent criminal confrontations. Seminar participants will be presented with a variety of commonsense crime prevention and personal safety strategies and devices that may be integrated into their personal, home, automobile, telephone, technological, and travel security.

Quilting with Pre-cuts

Instr: Peggy Murray
Date: 9/7-10/5, 10/12-11/9, 11/16-12/21 (on-going) (5wks) 6-8pm
Fee: \$20.00
Do you like to sew and create quilts, or would you like to learn how? Join us for a weekly FUN evening of sewing and quilt making. Learn new tips and techniques while you build projects based largely on pre-cuts. Many like to use this as time set aside with no distractions so you force yourself to sit at your machine. Along with your machine, bring fabric, thread and scissors. The Power, Pressing Station, Cutting Station will be provided. **This is an ongoing class, call or email to join anytime**

P.S.S. (Personal Support Specialist)

Instr: Kimberly Paradis
Date: Tues. with 2-3 possible Saturdays, 12-14 wks. , 9/14-11/14, 4-7:30 p.m.
Fee: \$400

See front page for description

Pyrography/Wood Burning

Instr: Roger Ryder
Date: 10/19-11/16, 5wks, 6-8pm
Fee: \$20
This class is a gathering of those who are interested in learning or expanding their skills in pyrography. This group offers the opportunity to work with an experienced artisan and others who enjoy the craft of wood burning. Find your vision for perfecting your art, and explore the possibilities of entrepreneurship using your artistry.

Basic Life Support for Healthcare Providers

Instr: Rick Smart
Date: TBD , 5:30-8:30 pm
Fee: \$70
The Basic Life Support (BLS) for Healthcare Providers 3-hour classroom course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, and use an AED. This course is for healthcare professionals, direct care workers, and other healthcare workers in a wide variety of in-hospital and out-of-hospital settings.

Heartsaver-CPR/First Aid

Instr: Rick Smart
Date: T/TH, TBD- (2 nights) 5:30-8:30 pm
Fee: \$70
The 6-Hour Heartsaver course is designed to provide the lay-person with the skills and knowledge to be able to perform CPR, render basic first aid when needed, and use the AED. Recognize when help is needed and feel confident that you know how to provide that help

WEDNESDAY

ServSafe Sanitation

Instr: Chef Ammerman
Date: TBD, 4 wks., Time: 3-5:30 p.m.
Fee: \$175.00 (Includes testing and textbooks)
See front page for description

Artisan Breads

Instr: Chef Herman Ammerman
Date: 10/18 & 10/25 ,2 wks., Time: 5-8pm
Fee: \$50
You may have purchased some crusty artisan bread at the local farmer's market or at a craft market and would like to learn to do this yourself. Join Chef Ammerman for an introduction to Artisan Bread Baking. Learn bread baking techniques by mixing, kneading, shaping and baking. Make savory and golden loaves of bread and enjoy a selection of rustic and tasty Artisan Breads. This popular class fills up quickly so call or email to register early

Is there a culinary related class you would like to see offered? Let us know and we will explore the possibilities!

Basic Graphic Design

Instr: Laura Manzo
Date: 10/13-11/3, 4wks, 5:30-8:30pm
Fee: \$40
Learn the basic principles of Graphic Design and how they work together to achieve your goals of visually communicating your message. Logos, advertisements and web pages all use graphic design tools to draw attention to your business or product. Adobe products will be utilized.

Driving Dynamics

Instr: Timothy Peters
Date: 11/17 , 3-8 p.m.
Fee: \$40.00 under 65, \$25 age 65 and older
Maine's Driving Dynamics Course offers all drivers the opportunity to improve their defensive driving abilities. This five-hour course will include discussion of collision avoidance techniques, safety issues, driver habits and attitudes and the basic elements that constantly challenge drivers on Maine's highways. Check with your insurance carrier as there may be discounts available in addition to the three-point credit on your driving record for those who complete this class. The State requires a minimum participation for this class so sign up early

Special Note: Classes listed as TBD are open for registration. When the registration list is sufficient (minimum enrollment is satisfied), the class will be scheduled and you will be notified. Call to register EARLY. When scheduled, classes will be on the designated weeknight

If you would like to see a class offered here through our Adult Education or have an idea for a class that you think may be popular, please reach out to us with your requests and ideas, we may be able to help.

