

**REGION III  
ADULT EDUCATION  
35 WEST BROADWAY  
LINCOLN, ME 04457**

**SPRING  
SEMESTER  
2022**

**FREE  
BROCHURE**

Northern Penobscot Tech Region III also has outstanding Career and technical programs for all **high school Juniors and Seniors, and post graduates in our Region!** Planning to attend college? Region III is for you. Earn college credits, obtain certifications and licenses that will provide you with the knowledge and skills to gain meaningful employment. Check out what we offer below.

See your guidance counselor or call ours: Butch Arthers, 794-3004 Ext. 216.

Also check out our website: [www.region3.mainecte.org](http://www.region3.mainecte.org)

- **Automotive Technology**
- **Business Management**
- **CTE Exploratory for 10th & 11th Grade** (coming 2022-23)
  - **Construction Technology/Cabinetmaking**
    - **Culinary Arts**
  - **EMT** (Emergency Medical Technician)
  - **Health Science Careers**  
**CNA, RMA, MAS**  
(Certified Nursing Assistant, Registered Medical Assistant, Medical Administrative Specialist )
    - **Law Enforcement**
- **Web Design / Digital Communication**
  - **Welding Technology**



35 WEST BROADWAY, LINCOLN, ME 04457 PHONE 794-3004 x 211 FAX 794-8049, EMAIL PMURRAY@MSLN.NET

Professional and Workforce Development—Personal Enrichment

To register please call 794-3004 x 211 or email pmurray@msln.net

Adult Education class fees are due and payable on or before the class starting date. Refunds are available until the end of the second class. Refunds will be given if the course is cancelled/not offered. Students who have registered, paid the course fee, and then opt to drop the course after the end of the second class, will not be refunded. Students dismissed from a course following notice and a meeting to address the reason will not be due a refund.

Students wishing to attend EMCC classes held at Region III must register with KRHEC at 1-800-498-8200

Due to COVID-19 precautions, Temperatures may be taken, masks and hand sanitizing will be required upon entering the building.

We respectfully ask that if you are feeling ill, you stay home to help keep everyone healthy.

Class sizes may be limited to allow safe distancing. Register early to help ensure the class is offered and you are enrolled in it.

Check out our Website and Facebook Page

www.region3.maine.cte.org / www.facebook.com/regionIII

TO REGISTER OR FOR MORE INFORMATION CALL OR EMAIL

WELDING

Instr: Scott Cornell
Date: Mondays & Wednesdays, 8 wks. , 1/19-3/21, 5-8 p.m.
And again 4/4-6/6
Fee: \$500

No prior welding experience is necessary for the 8-week, 2-nights per week SMAW course. This course is designed to allow students to progress at their own pace (self-paced). Students may choose to continue beyond learning the basics to prepare for AWS certification (testing is priced separately). Students choosing to prepare for the Flux Core AWS structural certification will pay an additional materials fee of \$150. These welding career courses can help prepare you to enter the workforce as a structural welder. Students who have taken this course within the past year will receive a \$50 reduction in class fee and are not required to repeat the full safety portion of the class. Students who choose to prepare for the AWS certification testing will receive a \$50 discount toward the AWS test fee of \$350.

Leather Safety-Toed Boots are required.

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Graphic Design 2, Design your Logo

Instr: Laura Manzo
Date: 3/2-3/23, 4 wks.,
Time: 5:30-8 p.m.
Fee: \$40

Prerequisite: Basic Graphic Design or previous art experience

Put what you learned in Basic Graphic Design to practical use. Laura will take you through the steps using the Design principles you learned to create your business Logo for use on your various advertising media or a seal/crest to represent your family for reunions and family gatherings. Think of the possibilities!

It is the policy of Northern Penobscot Tech Region III to ensure equal employment / educational opportunities, affirmative action regardless of race, sex, color, national origin, marital status, sexual orientation, religion, age or disability in accordance with all federal and state legislation relevant to discrimination. ADA Notice: If you have special needs that must be met to allow you to fully participate in any courses, please call the office of the Director at 794-3004.

Welding

Heartsaver CPR/First Aid

Basic Life Support for Healthcare Providers

Pyrography (wood burning)

ServSave Sanitation

Driving Dynamics

Quilting with Pre-cuts

Color Theory

Graphic Design 2

Intro to Plant Identification

**MONDAY**

**WELDING**

Instr: Scott Cornell  
Date: Monday & Wednesdays,  
8 wks., 1/19-3/21, 5-8 p.m.  
And again 4/4-6/6  
Fee: \$500

No prior welding experience is necessary for the 8-week, 2-nights per week SMAW course. This course is designed to allow students to progress at their own pace (self-paced). Students may choose to continue beyond learning the basics to prepare for AWS certification (testing is priced separately). Students choosing to prepare for the Flux Core AWS structural certification will pay an additional materials fee of \$150. These welding career courses can help prepare you to enter the workforce as a structural welder. Students who have taken this course within the past year will receive a \$50 reduction in class fee and are not required to repeat the full safety portion of the class. Students who choose to prepare for the AWS certification testing will receive a \$50 discount toward the AWS test fee of \$350.

Leather Safety-Toed Boots are required.

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**TUESDAY**

**ServSafe Sanitation**

Instr: Chef Ammerman  
Date: TBD, 4 wks., Time: 3-5:30 p.m.  
Fee: \$175.00 (Includes testing and textbooks)

Do you work at a restaurant, diner, convenience store, or school nutrition program in food service? Did you know that the State of Maine requires all food establishments to have at least one full-time Certified Food Protection Manager on staff? Perhaps you volunteer at your organization's "Bean Suppers" and are concerned about proper food handling and safety. This 4-week ServSafe course provides that knowledge and a recognized certification.

**Call now to register**, class will be scheduled as demand warrants

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**Quilting with Pre-cuts**

Instr: Peggy Murray  
Date: 1/4-2/1, 2/8-3/15, 3/22-4/26, 5/3-5/31 (on-going) (5wks) 6-8pm  
Fee: \$20.00

Do you like to sew and create quilts, or would you like to learn how? Join us for a weekly FUN evening of sewing and quilt making. Learn new tips and techniques while you build projects based largely on pre-cuts. Many like to use this as time set aside with no distractions so you force yourself to sit at your machine. Along with your machine, bring fabric, thread and scissors. The Power, Pressing Station, Cutting Station will be provided. **This is an ongoing class, call or email to join anytime**

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**Pyrography/Wood Burning**

Instr: Roger Ryder  
Date: 1/18-2/15,  
And possibly another 3/1-3/29  
5wks each class, 6-8pm  
Fee: \$20

This class is a gathering of those who are interested in learning or expanding their skills in pyrography. This group offers the opportunity to work with an experienced artisan and others who enjoy the craft of wood burning. Find your vision for perfecting your art, and explore the possibilities of entrepreneurship using your artistry

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**Basic Life Support for Healthcare Providers**

Instr: Rick Smart  
Date: TBD , 5:30-8:30 pm  
Fee: \$70

The Basic Life Support (BLS) for Healthcare Providers 3-hour classroom course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, and use an AED. This course is for healthcare professionals, direct care workers, and other healthcare workers in a wide variety of in-hospital and out-of-hospital settings. Check your card and register before it expires.

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**WEDNESDAY**

**Heartsaver-CPR/First Aid**

Instr: Rick Smart  
Date: T/TH, TBD- (2 nights) 5:30-8:30 pm  
Fee: \$70

The 6-Hour Heartsaver course is designed to provide the lay-person with the skills and knowledge to be able to perform CPR, render basic first aid when needed, and use the AED. Recognize when help is needed and feel confident that you know how to provide that help

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**Introduction to Plant Identification Workshop**

Instr: Katherine Garland, University of Maine Cooperative Extension Horticulturist  
Date: April 5th, 5:30 to 7:00 p.m.  
Fee: \$10.00

Have you always wanted to be able to identify wildflowers and trees in the Maine landscape? This workshop will help you build the skills to do just that. Participants will learn basic plant anatomy terminology and be introduced to two very user-friendly identification keys that, together, cover the majority of plants one would encounter in our region. University of Maine Cooperative Extension Horticulturist Kate Garland will help you hone your observational skills and develop confidence in your plant identification abilities. Optional: Wildflower field guide (\$20) and Maine Trees field guide (\$15) will be available for purchase.

**Driving Dynamics**

Instr: Timothy Peters  
Date: 4/13 , 3-8 p.m.  
Fee: \$40.00 under 65, \$25 age 65 and older  
Maine's Driving Dynamics Course offers all drivers the opportunity to improve their defensive driving abilities. This five-hour course will include discussion of collision avoidance techniques, safety issues, driver habits and attitudes and the basic elements that constantly challenge drivers on Maine's highways. Check with your insurance carrier as there may be discounts available in addition to the three-point credit on your driving record for those who complete this class. The State requires a minimum participation for this class so sign up early

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**Graphic Design 2, Design your Logo**

Instr: Laura Manzo  
Date: 3/2-3/23, 4 wks.,  
Time: 5:30-8 p.m.  
Fee: \$40  
Prerequisite: Basic Graphic Design or previous art experience

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**Color Theory**

Instr: Laura Manzo  
Date: 4/6 & 4/13, 2 wks.,  
Time: 5:00-7:30 p.m.  
Fee: \$20

Are you a painter, interior designer, decorator, quilter, stylist? Do you love certain color combinations and dislike others? Find out why some combinations trigger these likes and dislikes. Come and explore basic Color Theory and learn why some color combinations are appealing. Let this class show you ways to pick out colors for paint for walls, coordinate colors of clothes, or fabric for quilts. Have you noticed that colors appear to be different depending on what other color they are next to? Learn about the types of color, learn to use the color wheel, and how various colors relate to one another.

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If you would like to see a class offered here through our Adult Education or have an idea for a class that you think may be popular, please reach out to us with your requests and ideas, we may be able to help.

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